

**Chartwells School Dining Services
June Elementary Lunch Menu- Lunch Price \$2.75**

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Cheese Quesadilla Fiesta Rice Salsa Veggie Sticks Fruit cup Milk choice	2  Balanced Choices Meal: Chicken Nuggets Honey mustard Dip Breadstick, Peas & Carrots, baked potato wedge, Chilled Pears Milk Choice	3 Beef Tacos Salsa Steamed white rice Carrot coins Fruit Milk	4 Wedge Pizza Baby Carrots with Dressing Cupped Fruit Choice of Milk
7 Cheeseburger on an Enriched Bun Tator tots Fruit Cup Milk Choice	8 Chicken patty on an enriched bun Tossed Salad Fresh Fruit Milk choice	9  Balanced Choices Meal: Wedge Pizza Baby Carrots with Dressing Cupped Fruit Choice of Milk	10 Grilled Cheese on enriched Bread Tomato & cucumber Salad (FF Italian Dressing) Fruit Cup Milk Choice	11 Wedge Pizza Veggie sticks w/Dip Cupped Fruit Choice of Milk
14 Pasta with Meat Sauce Roasted Zucchini Bread Stick Fruit Juice Milk choice	15 Turkey Hot Dog Oven Fries Celery sticks w/Dip Cupped Fruit Milk Choice	16  Balanced Choices Meal Chicken Nuggets Dinner Roll Carrot Coins Tossed Salad Fruit Cup Milk Choice	17 Cheese Steak on a bun Seasoned Corn Fruit cup Milk Choice	18 Chef's Choice Comes with Vegetable, fruit and milk choice and roll
21 Wedge Pizza Baby Carrots with Dressing Cupped Fruit Choice of Milk				
<i>Elementary lunch price: \$2.75</i> <i>Reduced Lunch Price: .40</i> <i>Low Fat Milk: .65</i> <i>Low Fat Cookies: .35</i> <i>Bottled Water: .50</i> <i>Hot Pretzel: .50</i>		<i>Sign up Chartwells E-newsletter!!!</i> <i>Visit our website at</i> www.eatlearnlive.com <i>To learn more...</i>		
<i>Daily :Alternate Lunches</i> <i>Peanut Butter & Jelly Offered w/ String Cheese, Fresh Veggie of the Day, Fruit, and Milk</i> <i>Bagel Bag w/ Yogurt & Cheese Bagel w/ a yogurt cup and String Cheese, Jelly & Cream Cheese & carrot sticks</i> <i>Daily Milk Choices Include: Skim White, Low Fat White, Low Fat Chocolate, and Low Fat Strawberry</i>				
Mondays: Pizza Bagel Fun Lunch (2) mini bagels Mozzarella Cheese Pizza Sauce dip Carrot sticks Milk /Fruit	Tuesdays:  Balanced Choices Meal: Cereal Fun Lunch/ Reduced Sugar Cereal With Yogurt/string cheese/carrot sticks Choice of Milk & Fruit	Wednesdays: Chicken Caesar Salad w/ Dressing Dinner Roll Fresh Fruit &Vegetable, Milk	Thursdays: Turkey Bologna & Cheese w/ Lettuce on Ciabatta, Baby Carrots w/ Dressing Fruit Milk	Fridays: Turkey Sandwich on Ciabatta Roll Lettuce, Baby Carrots 100% Fruit Juice, Milk